Faces of Change.

Justice.

Recovery.

Change.

Faces of Change.

Annual Report

2017/18
Rape Crisis Cape Town Trust.

Members of the Board of Trustees

Primrose Mwrebi Chair
Pam Sykes Deputy Chair
Zimasa Dziba Treasurer
Kelley Mout Secretary
Unathi Njokweni-Magida Trustee
Lungelwa Sigasana Trustee
Lulama Sibiya Trustee

Rape Crisis Cape Town Staff Members

Kathleen Dey Director
Charlene Whittorn Finance Manager
Nazma Hendricks Operations Manager
Karon Cogill Receptionist (Observatory)
Zodwa Thomas Receptionist (Khayelitsha)
Priscilla Julie Receptionist (Athlone)
Shahida Rahman Organisational Assistant
Kholeka Bool Training Coordinator (Khayelitsha)
Joyce Doni Counselling Coordinator (Khayelitsha)
Rifayah Abrahams Training Coordinator (Athlone)
Chanel Fredericks Court Support Coordinator
Estelle Carolissen Programme Administrator
Nomnqweno Gqada Thuthuzela Care Centre Coordinator
Shiraalee McDonald Counselling Coordinator (Observatory)
Sarah Strydom Monitoring & Evaluation Specialist
Zeenat Hendricks Communications Coordinator
Miles Collins Communications Officer
Barbara Williams Counselling Coordinator (Athlone)
Jeanne Bodenstein Advocacy Coordinator
Xolile Ngumla Caretaker (Khayelitsha)

Court Support Staff

Eleanor Williams Cape Town Court
Monica Williams Bellville Court
Pelisa Nokoyo Goodwood Court
Nokwaka Jama Wynberg Court
Catherine Cupido Wynberg Court
Ntombe Khaya Norushu Khayelitsha Court
Kathy Jacobs Relief Court Supporter

Thuthuzela Care Centre Staff

KARL BREMER HOSPITAL TCC
Carol Leech TCC
Maureen Van Dieman TCC
Nombulelo Sithilanga TCC
Nontskhelelo Mathole TCC
Nosipho Sigwabe TCC
Thembeke Ncanywa TCC
Elaine Nelson TCC

HEIDEVELD DAY HOSPITAL TCC
Nokuzola Mothuse TCC
Neliswa Gcanga Masala
Nomawele Mathombo TCC
Sharon Ndlela TCC
Veronica Julius TCC
Abigail Les TCC

VICTORIA HOSPITAL FORENSIC UNIT
Geraldine Constant Ngobe TCC
Lucretia Palmer TCC
Nononelelo Mganu TCC
Roshan Safodien TCC
Shamielah Cassiem TCC
Vanessa McDonald TCC

The post of Personal Assistant to the Director remained vacant for the period.

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Message from the Chairperson.

In this age of femicide, gender-based violence and killings of children, it’s a miracle that Rape Crisis has survived and continued to do life-changing work for 41 years.

We have experienced threatening financial times and amazing turnarounds, and the organisation is now healthy and well equipped to keep serving the women of South Africa. We have created, and we keep on creating every day, a safe space for women in which we can assert that rape is a crime; that it’s never a survivor’s fault; and that together we can heal.

One of my greatest wishes is that Rape Crisis continues to do the work it does for survivors. As the outgoing chairperson I have had amazing moments of learning and opportunities for growth; I am grateful for all of these and wish the organisation strength for the future.

I thank my fellow board members, our director, our staff members and our incredible volunteers, who do the work with grace, courage and love. And I acknowledge and am deeply grateful for the solidarity of our funders, advisers and supporters without whom none of this would be possible.

Primrose Mrwebi
Chairperson of the Board

Message from the Director.

As a feminist organisation Rape Crisis is committed to working towards the achievement of women’s rights as a thread that runs through the design of all our programmes. This thread is woven into the fabric of our organisation by our staff, our Trustees and our volunteers. These women join the organisation from within the communities we serve and work together to create a forum for learning: learning new skills to build onto their own talents, learning to find different ways of using their voices and learning to increase and extend their circle of influence beyond Rape Crisis.

The places within the organisation where this happens are both formal and informal, planned and unplanned, strategic and spontaneous. These places were created right at the beginning of the organisation’s history and they continue to grow and develop in all sorts of new and surprising ways. This report speaks mainly to the former – the planned progress towards set strategic goals. It is at the Annual General Meeting that we celebrate the latter. Last year we made particularly excellent soup.

This year’s annual report will show that Rape Crisis has met all of the main targets set in our strategy as well as honouring all of our commitments to donors, partners and other stakeholders and that our media presence has been strong and consistent and the reputation of the organisation has grown.

This year we offered direct services to a total of 9 015 people, which is an increase of almost 3 000 on last year’s total of 6 110. We also delivered awareness raising work that reached 5 876 community members, which is an increase of just over 400 participants on
last year’s total of 5 472. We began the implementation of the current three year strategic planning cycle in March 2017.

Although we anticipated a funding shortfall going into this year we managed to cover this shortfall and to generate enough funding to meet all of our expenses for the year through funding from donors. When we look ahead at the prospects for the year to come it looks quite positive in that we don’t anticipate a funding shortfall, however we would expect to face further cash flow problems going into 2018/19. The success of our advocacy campaign in garnering interest and support from coalition partners and government decision-makers has been an inspiring return on the effort we put into this strategy. This has attracted the interest of several new local and international donors.

My special thanks to our outgoing Chair, Primrose Mrwebi for being so supportive and always willing to meet with donors, media and evaluators. Thanks to the support of the Board of Trustees, the donors and the pro bono consultants who gave so willingly in aid of our efforts. In spite of financial trials the organisation is thriving in many ways and there is a strong sense of having successfully raised our game that is very satisfying.

Kathleen Dey
Director

“Women learning to find different ways of using their voices and learning to increase and extend their circle of influence beyond Rape Crisis.”
The Road to Justice.

Problem Statement

Rape rates in South Africa and in the Western Cape are unacceptably high and there are very few services available to survivors of rape. Our country’s legacy of structural violence means rates of inequality, poverty, unemployment, substance abuse and HIV are high and drive rape rates even higher. Women are unsafe and unable to live free from violence, they don’t feel supported in reporting rape and suffer from extended psychological effects. They face secondary trauma which makes it difficult to testify in court so rapists are not convicted.

“The Communities often promote rape culture and do not know how to create a culture of respect for consent.”

Vision and Mission

We have a vision of a South Africa in which women are safe in their communities and where the criminal justice system supports and empowers rape survivors and acts as a deterrent to rapists.

Our mission is to promote safety in communities, to reduce the trauma experienced by rape survivors, to encourage the reporting of rape and to work actively to address flaws in legislation.

The following programmes are designed to help us reach our overall goals and objectives through activities that we have developed in service of this mission:

The Road to Justice

Rape survivors are supported within the Criminal Justice System (CJS), experience reduced secondary trauma and remain in that system in order to offer effective testimony in the rape trial so that conviction rates for rape increase.

The Road to Recovery

Rape survivors are supported in their communities, they experience reduced symptoms of trauma and they feel a sense of increased personal growth. In this way they regain their sense of their own agency, they make stronger social connections and they are less vulnerable to rape.

Making Change

Communities are active in promoting safety, challenging the high rates of rape and in holding government accountable for the roll out of sexual offences courts across South Africa.

Institutional Capacity Building

Rape Crisis positions itself to advance awareness, interest, involvement and commitment to the organisation and its work and strengthens its capacity as an institution.

The Road to Recovery.

351 rape survivors calling our 24 hour helpline received support and advice and felt supported in the process of reporting their cases to the Criminal Justice System, an increase of 80 on last year. 3,440 rape survivors accessing three hospital forensic units were offered counselling, experienced reduced secondary trauma and were encouraged to remain within the Criminal Justice System, an increase of 230 on last year. A further 2,273 supporters were also assisted. 888 survivors at five courts were offered support and felt empowered in the process of taking their cases to trial, a decrease of 662 on last year. 475 witnesses for the complainant were also supported.

18 clients in our counselling service received pre-trial consultation serving the same objective.

486 rape survivors accessing our counselling services over an average of four sessions experienced reduced symptoms of trauma and reported signs of post traumatic growth, an increase of 70 on last year. 97 family members and affected persons were enabled to offer ongoing support to survivors, an increase of 61 on last year. 1,006 rape survivors and affected persons received support and advice over the telephone and online and felt supported and empowered in the process of recovery, a decrease of 54 on last year.

"888 survivors at five courts were offered support and felt empowered in the process of taking their cases to trial"
Making Change.

Awareness Workshops

5,373 participants attended awareness raising workshops, an increase of 823 on last year. Topics included: (1) the pathway of the rape survivor through the Criminal Justice System, (2) challenging myths and stereotypes about rape and (3) the effects of rape and how to support a rape survivor. Participants acknowledged the ongoing silence about rape in their communities and complained about bad service within the Criminal Justice System. We encourage them to join our advocacy campaign, the Rape Survivors’ Justice Campaign (RSJC).

Peer Education

A total of 503 parents, teachers and learners took part in awareness raising workshops aimed at youth that helped them to understand the prevailing myths and stereotypes about rape and begin working to challenge rape culture in schools in Athlone and Khayelitsha. We also trained 16 learners at Crystal High School in Athlone and 23 learners from Zola Business High School in Khayelitsha as peer educators. These peer educators then planned and implemented activities at school to educate their peers about rape such as taking over selected Life Orientation classes to run workshops on the topic. Both groups completed successful youth camps called The Birds and the Bees where they took part in many discussions, activities and engagements that focused on team building and leadership.

"A total of 503 parents, teachers and learners took part in awareness raising workshops"

The Rape Survivors’ Justice Campaign

This Campaign intends to hold government accountable for its promise to roll out more than 200 specialised Sexual Offences Courts over the next ten years. Our second training course for activists ended August 2017.

We lobbied successfully for the law allowing the Minister of Justice to establish exclusive sexual offences courts to be operationalised after a delay of four years. At a protest action outside Khayelitsha court we presented a memorandum to the Deputy Minister of Justice who promised to upgrade the court. He commissioned an audit of the court services and visited the court together with our architect in January 2018. We submitted comments on the draft sexual offences court regulations and together with partners from the Shukumisa Coalition we attended a meeting about our submission with the Department of Justice, who accepted our recommendations.

Speak Out

The Speak Out project coordinator met on a regular basis with a group of eight speak out members. With consistent meetings the members formed a support system for each other. One spoke as a guest speaker at our Mandela Day Care Packs Drive in July and was supported by all the other members of the group who joined Rape Crisis for the event. The coordinator ran a workshop for them in October on storytelling, one member did an interview with the Weekend Argus and then in November they went away for a weekend retreat. They were accompanied by a team consisting of a portrait photographer, a social worker and two Rape Crisis counselling volunteers. The weekend proved to be quite an emotional journey for all of them. They attended Rape Crisis functions, volunteered to speak at the pickets planned by the Rape Survivors Justice Campaign and ran a successful fundraising campaign on Facebook in early 2018.
Special Projects.

These projects are donor-driven projects that Rape Crisis benefits from in either because of the contribution to our infrastructure, running costs and salaries or because of the enhancement of our reputation. They are not currently included in our programme plan.

Institutional Strengthening.

We conducted an annual review workshop in November 2017 looking at progress towards set goals within our three-year strategy. We had our BBBEE certificate, Trust Deed and volunteer policy updated, and adopted a burnout prevention policy followed by a training session on this for staff including how to identify and address burnout in teams. We migrated our email, file and backup system to MicroSoft Office 365, and updated our website. The operations manager and director attended a workshop on leadership. We launched our new individual giving campaign called the I-ACT Campaign which is doing well.

The Shukumisa Coalition

Rape Crisis hosts the Shukumisa Coalition coordinator at our office in Observatory, we act as a conduit for operational funding to the Coalition and we sit on the Coalition Steering Committee. For more information visit www.shukumisa.org.za
Interns.

Rachel Yen - University of Colorado
Adam Kirschner - New York University
Michele Palkovits - University of Toronto
Maxwell Chan - University of Toronto
Farhana Sarguro - AAA School of Advertising
Lina Lechlech - University of Greenwich

Volunteers.

“Khayelitsha Training and Development volunteers are women that are dedicated and have passion for working in their community. Even if at times there were challenges they never failed the organisation, and were always ready to go out and challenge the social norms that promote rape. “With your hard work that you do in your community, Khayelitsha will never be the same again. Forward Khayelitsha T&D volunteers forward!”

Kholeka Booi - Training and Development Coordinator Khayelitsha Office

“I feel truly fortunate to be able to work with a courageous and deeply caring group of women who each time enter the counselling room with the intention of opening up a safe and supportive healing space for clients to work through their trauma and experience a sense of renewal. They epitomise hope for our communities.”

Shiralee McDonald - Counselling Coordinator Observatory Office

“The Khayelitsha counselling team has been recruited from the communities in which they live and work. They have been providing clarity to rape survivors on situations they have found them self in. I would like to praise and acknowledge their efforts in supporting rape survivors from this community in the best way possible through our counselling service.”

Joyce Doni - Counselling Coordinator Khayelitsha

“The Advocacy Volunteers are community activists who work hard to bring about a real change in how the criminal justice system works to support survivors of rape. They advocate for sexual offences courts in their communities and continue to grow in strength.”

Jeanne Bodenstein - Advocacy Coordinator

“The Athlone Training and Development team are a group of empowered women who are always willing to give back to their own community. They also have the privilege of being part of challenging that same community to build a culture of respect for consent and a safer community for themselves and other women. I salute you Athlone Training and Development community educators”

Rifqah Barnes - Training and Development Coordinator Athlone Office

What I most admire about the Athlone counselling team is how well they understand the role they play with regard to the unique circumstances they find in each counselling session. They strive to give each client a space in which to find their own sense of identity and empowerment in the face of the harsh reality of their experiences. I respect the way they facilitate healing to so many families in order to create healthy communities in the face of the harm that rape leaves behind.

Barbara Williams - Athlone Counselling Coordinator
Networking & Partnerships.

Rape Crisis could not do the work we do without the following civil society and government networks:

**Forums and Coalitions**
- Thuthuzela Care Centres Implementation Teams
- The Shukumisa Coalition
- Provincial Victim Empowerment Programme Forum
- Victim Empowerment Law Coalition
- The Gender Justice Forum
- Judges Matter Alliance

**Network Partners**
- Rape Crisis Helderberg
- The Trauma Centre for Victim of Violence and Torture
- National Institute for Crime Prevention and the Reconciliation of Offenders (NICRO)
- Molo Songololo
- LifeLine
- ChildLine
- SafeLine
- Child Welfare
- Nonceba Family Advice and Support Centre
- Mosaic Training, Service and Healing Centre for Women
- Cape Town Drug Counselling Centre
- Women on Farms Project (WFP)
- Family and Marital Association of South Africa (FAMSA)
- UN High Commission on Refugees (UNHCR)
- Scalabrini Centre
- The Triangle Project
- Sonke Gender Justice
- Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)
- Sex Worker Education and Advocacy Taskforce (SWEAT)
- Community Law Centre (CLC), University of the Western Cape
- Tshwaranang Legal Advocacy Centre (TLAC)
- Women's Legal Centre (WLC)
- Department of Social Development, University of Cape Town (UCT)
- Gender Health and Justice Research Unit (GHJRU), UCT
- Centre for Law and Society (CLS), UCT
- Open Democracy Advice Centre (ODAC)
- Oxfam South Africa (OSA)
- Justice and Women (JAW)

**International Partners**
- Department of Women’s Studies, George Washington University, USA
- WOMANKIND Worldwide, London, UK
- Community HEART, London, UK
- York University, York, UK

**Government Services and Departments (Western Cape)**
- Department of Health
- Department of Social Development
- Department of Correctional Services
- Department of Education
- Department of Community Safety
- The National Prosecuting Authority (NPA)
- The South African Police Service (SAPS)
Current Donors.

African Women’s Development Fund
Department of Social Development (DSD)
AIDS Foundation of South Africa (AFSA)
Anglo American Chairman’s Fund (AACF)
Joan St Leger Lindbergh Foundation
MATCH International Women’s Fund
Networking HIV and AIDS Community of Southern Africa (NACOSA)
Sigrid Raising Trust
Oxfam Germany
DG Murray Trust

In Kind Donations and Pro Bono Consulting 2017/18

Laurence Beder, WITS Business School Advancement strategy consulting
Michele Sandilands and Tiffany Melless MSC Architects Repairs and renovations to buildings
Gareth Dunn and Robyn Walason HIP Solutions Industrial relations
Elize Gazeau, Elize Gazeau Interiors Interior design
Steve Barnett, Naga Website support
Andrew Higson-Smith, Elemental Systems Database Development
Peter Whelan, Bowman’s Attorneys Legal services
Anna Vayanos, Philanthropy Consulting Reserve fund strategy
Sarah Scarth, The Resource Alliance Leadership mentoring
Gouwa Cassiem Rahman, Lindt Chocolates

Meetings for the Year.

Annual General Meeting 30 August 2017
10 monthly management team meetings
3 quarterly board meetings
11 monthly staff meetings
11 monthly programme team meetings
1 volunteer forum meetings
45 focus group meetings
2 general members’ meetings
1 annual review meeting
**Detailed Income Statement**

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<th>2018</th>
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<td>African Women’s Development Fund</td>
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<td>Mike Thompson Change a Life Foundation</td>
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<td>Community Chest of the Western Cape</td>
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<td>Department of Social Development: Victim Empowerment</td>
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<td>Department of Social Development: Child Care and Protection</td>
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<td>DG Murray Trust</td>
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<td>Investec</td>
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<td>MATCH International Women’s Fund</td>
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<td>Oxfam Australia</td>
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<td>Oxfam Canada</td>
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<td>Oxfam Germany</td>
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<td>Local Business and Trusts</td>
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<td>Mary Oppenheimer and Daughters Foundation</td>
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<td>National Lotteries Commission of South Africa</td>
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<td>First for Women Foundation</td>
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<td>AIDS Foundation of South Africa: Shukumisa Coalition</td>
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<td>Networking HIV &amp; AIDS Community of Southern Africa</td>
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<td>SA Development Fund</td>
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<td>Criminal Assets Recovery Agency</td>
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<td>Other Income</td>
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<td>Appeals</td>
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<td>Direct Project Costs</td>
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<td>Schedule A The Road to Recovery</td>
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<td>Schedule B Making Change: Community Mobilisation Project</td>
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<td>Schedule C The Road to Justice: Court Support Project</td>
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<td>Schedule D The Road to Justice: Thuthuzela Care Centre Project</td>
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<td>Schedule E Making Change: Peer Education and Advocacy Project</td>
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<td>Schedule F Special Projects: Shukumisa Campaign</td>
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<td>Schedule G Organisational Advancement and Development</td>
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<td>Net operating (Deficit)/Surplus for the year</td>
<td>(1,756,930)</td>
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## Statement of Financial Position

**Figures in Rand**

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2018</th>
<th>2017</th>
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<tr>
<td><strong>Non-Current Assets</strong></td>
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<tr>
<td>Property, plant and equipment</td>
<td>5,281,518</td>
<td>3,319,870</td>
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<td><strong>Current Assets</strong></td>
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<td>Sundry debtors and receivables</td>
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<td>Cash and cash equivalents</td>
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<td>393,796</td>
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<td><strong>Total Assets</strong></td>
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<td>4,574,512</td>
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<th>FUNDS AND LIABILITIES</th>
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<td><strong>Funds</strong></td>
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<td><strong>Liabilities</strong></td>
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<td>Current Liabilities</td>
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<td>Creditors and other payables</td>
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<td>Deferred income</td>
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<td><strong>TOTAL EQUITY AND LIABILITIES</strong></td>
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<td>4,574,512</td>
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Name of Organisation: Rape Crisis Cape Town Trust (RCCTT)
Date of Establishment: Founded 1976; trust registered 1999; NPO registered 2005
Trust Registration Number: IT386/1999
NPO Number: NPO 044786
PBO Number: PBO 930014424

Physical Address: 23 Trill Road, Observatory, 7925
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Telephone: 021 447 1467
Facsimile: 021 447 5458

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E-mail: info@rapecrisis.org.za
Website: www.rapecrisis.org.za

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